

Track your dog's itching

Then talk to your veterinarian about treatment

USE THE CHART ON THE OTHER SIDE OF THIS PAGE TO KEEP A RECORD OF YOUR DOG'S ITCHING.

Each day at the same time, make a note of how severe your dog's itching has been in the past 24 hours. Rate the severity based on the scale shown below. Place a dot at the appropriate spot in that day's column. Connect the dots to show your dog's itching over time.

When you visit your veterinarian, show him or her what you have recorded on the chart.

How to rate your dog's itching

| | |
|------------|--|
| 100 | Extremely severe itching Dog is scratching, chewing, licking almost continuously. Itching practically never stops, regardless of what else is happening around the dog. |
| 80 | Severe itching Prolonged episodes of itching when the dog is awake. Itching occurs at night and also when eating, playing or exercising, or when otherwise distracted. |
| 60 | Moderate itching Regular episodes of itching when the dog is awake. Itching may occur at night and wake the dog. No itching when eating, playing, exercising or being distracted. |
| 40 | Mild itching Moderately frequent episodes of itching. There may be occasional episodes of itching at night. No itching when sleeping, eating, playing, exercising or being distracted. |
| 20 | Very mild itching Occasional episodes of itching. The dog is slightly more itchy than before the problem began. |
| 0 | Normal dog Itching is not a problem. |

Track your dog's itch over the next 14 days
(100=Extremely severe itching; 0=Normal dog)

Place a dot at the appropriate spot in that day's column.
Connect the dots to show how your dog's itching has changed over time.

| | | | | | | | | | | | | | | | | | | | | |
|-----|--------------------------------|----------|----------|----------|----------|----------|----------|----------|----------|-----------|-----------|-----------|-----------|-----------|--|--|--|--|--|--|
| 100 | | | | | | | | | | | | | | | | | | | | |
| 90 | | | | | | | | | | | | | | | | | | | | |
| 80 | | | | | | | | | | | | | | | | | | | | |
| 70 | | | | | | | | | | | | | | | | | | | | |
| 60 | | | | | | | | | | | | | | | | | | | | |
| 50 | | | | | | | | | | | | | | | | | | | | |
| 40 | | | | | | | | | | | | | | | | | | | | |
| 30 | | | | | | | | | | | | | | | | | | | | |
| 20 | | | | | | | | | | | | | | | | | | | | |
| 10 | | | | | | | | | | | | | | | | | | | | |
| 0 | | | | | | | | | | | | | | | | | | | | |
| | Day 1 (treatment starts) | Day 2 | Day 3 | Day 4 | Day 5 | Day 6 | Day 7 | Day 8 | Day 9 | Day 10 | Day 11 | Day 12 | Day 13 | Day 14 | | | | | | |



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